

**REDHEAD SLSC PROFICIENCY 2019
SWIM COACH TO COMPLETE**

I certify that _____ (child's name) is able to demonstrate the following:

Age category	Swim requirement	Coach Signature
Under 6	From a standing position in waist deep water perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.	
Under 7	From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.	

Coach name: _____

License number: _____

Date assessed: _____

Coach signature: _____